

QUALITY CHILD CARE MATTERS

Kids in quality care do better later on, in school and in life.

Quality care supports their physical, social, emotional and mental development.

As a parent, it lowers your stress because you know your child is well cared for.

RESOURCES:

Contra Costa Child Care Council

- Free child care referrals
- Online resources and tip sheets
- Financial assistance

cocokids.org
(925) 676-5442

Quality Matters

List of quality-rated child care programs in Contra Costa

qualitychildcarematters.org
(925) 771-7319

First 5 Contra Costa

Support for parents of children 5 and under in Contra Costa

first5coco.org
(925) 771-7300

Contra Costa County Office of Education

- Kindergarten readiness support
- Special education services for children under 3

www.cccoe.k12.ca.us
(925) 942-3413



IMPROVING EARLY LEARNING
IN CONTRA COSTA





Quality child care programs support all areas of a child's development and well-being. They are: **safe, healthy, caring and developmentally appropriate.**

Signs of quality to look for:

Teacher-Child Interactions:

Providers that interact positively with the kids in their care.

Ratio & Group Size:

Small group sizes and a small number of kids to every adult.

Learning Activities:

A mix of creative, fun and educational activities that are right for a child's age and help them learn new skills.

Staff:

Caring and knowledgeable staff who have a lot of training and rarely quit. Providers have taken classes or earned degrees in Early Childhood Education.

Environment:

A rich learning environment with varied materials, activities and routines. Areas are healthy, clean and safe.

Program:

Providers use a curriculum to meet learning needs and may hold parent-teacher conferences.

Child Health & Development:

Providers make sure children receive health screenings and that children are developing on track.



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